

## ***Meir Ezra Blog: Your Biggest Source of Trouble and Anxiety (Part Four)***



As we have covered in Parts 1-3, the greatest barrier to your success is not the [economy](#), your work habits or your opportunities. Your greatest source of stress is not money or the weather or any physical thing.

The biggest source of [business](#) problems, career difficulties and personal stress is antisocial people-people who are devious, mean-spirited, cruel, hostile or negative. People who openly or secretly oppose you, cut you down and cause you trouble.

When you handle or disconnect from an [antisocial person](#), you feel better. You relax. You succeed more than you fail. You have less to fight on your way to your goals.

The first four ways to identify an antisocial person were covered in Parts 1-3. All three parts are posted at our new website at [www.tipsforsuccess.org/success-articles.htm](http://www.tipsforsuccess.org/success-articles.htm). Here are two more ways to identify an antisocial person.